

# Middle School Practice Guide

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## Week of September 1



Middle School Audition Dates:  
**Friday, 10/2 - Saturday 10/3**

### Warm Up

- tone Trevor Wye, Low Register 4  
Play through this exercise VERY slowly  
Try to play each section in one breath  
Observe the crescendo as you go lower, especially below the staff
- technique Katz G Minor Study  
Start slowly then gradually increase the speed throughout the week.  
Repeat the arpeggiated segments AT LEAST 3 times  
Set your metronome to subdivide in 6/8

### Scales

- arpeggios only Perform **just the arpeggios** of each scale in the circle of fourths to challenge your knowledge of your arpeggios as well as of the order of the scales. Play through the arpeggios as if they are part of an entire etude! Eliminate pauses and strange breaths throughout the exercise.

### Record

- HeartOut Download the HeartOut app and practice recording one of the exercises above. Listen back to your recording and make notes as to what could be improved in tone, technique, dynamics, recording quality, etc.

Best of luck in preparation for your audition!

# 9<sup>th</sup>/10<sup>th</sup> Practice Guide

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## Week of September 1



9<sup>th</sup>/10<sup>th</sup> Grade Audition Dates:  
**Sunday, 9/27 - Monday 9/28**

### Warm Up

tone

Over the Rainbow Wake-Up

Focus on good tone quality FIRST then go back and add in the dynamics.

Repeat this exercise daily to build up the flexibility needed in the lyrical exercise

technique

Reichert 2 (A Major/f# minor)

Focus on a full sound throughout the exercise.

Practice with various articulations

Gradually increase the speed of this exercise throughout the week.

### Scales

arpeggios  
only

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Best of luck in preparation for your audition!

# 11<sup>th</sup>/12<sup>th</sup> Practice Guide

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## Week of September 1



11<sup>th</sup>/12<sup>th</sup> Grade Audition Dates:  
**Friday, 9/25 - Saturday 9/26**

### Warm Up

tone

Over the Rainbow Wake-Up

Focus on good tone quality FIRST then go back and add in the dynamics.  
Repeat this exercise daily to build up the flexibility needed in the lyrical exercise

technique

Marimba Scales in E Major

Focus on a full sound throughout the exercise.  
Gradually increase the speed of this exercise throughout the week.  
Start on a different note of the scale to further develop your dexterity.

### Scales

arpeggios  
only

Perform **just the arpeggios** of each scale in the circle of fourths to challenge your knowledge of your arpeggios as well as of the order of the scales. Play through the arpeggios as if they are part of an entire etude! Eliminate pauses and strange breaths throughout the exercise.

### Record

HeartOut

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Best of luck in preparation for your audition!