

11th/12th Practice Guide

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Week of September 15



11th/12th Grade Audition Dates:
Friday, 9/25 - Saturday 9/26

Warm Up

tone

Pinocchio Exercise

Tempo should be SLOW.

Take a huge breath before you begin each rep.

technique

Reichert 5 (d minor)

Focus on a full sound throughout the exercise.

Use this as a sound exercise as well as a technique exercise.

Change the articulation throughout the week.

Scales

top octave
down

Perform **just the top octave descending** of each scale in the circle of fourths to challenge your knowledge of each scale as well as of the order of the scales. Play through the octave as if they are part of an entire etude! Eliminate pauses and strange breaths throughout the exercise. This tests your key signature knowledge on the fly!

Record

HeartOut

Record both your technical and lyrical exercises this week. Make notes of what happens when you get "nervous" this week. What makes you nervous? What happens physically? What happens mentally? Write these things down to discuss in next week's masterclass as we prepare for our final push before the audition.

Best of luck in preparation for your audition!

9th/10th Practice Guide

katz.flutist@gmail.com

Week of September 15



9th/10th Grade Audition Dates:
Sunday, 9/27 - Monday 9/28

Warm Up

tone

Pinocchio Exercise

Tempo should be SLOW.

Take a huge breath before you begin each rep.

technique

Trill Study

Focus on a full sound throughout the exercise.

The first note of the trill is the most important note.

Keep your fingers and your air stream even as you explore these trills.

Scales

top octave
down

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