

Flute

Band Vitamins!

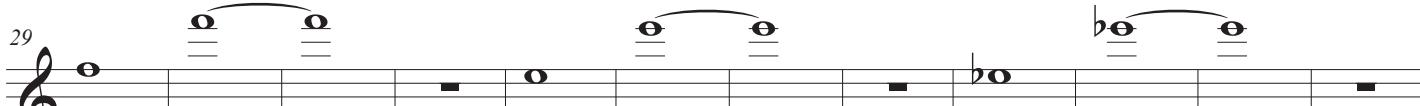
Tongue low in the mouth. Dropped jaw

A



15

B



29

41

C



57

Keep the tongue low and let the lips do the work. Think of a bird beak!

69

D



85

89

97

105